

What Happens to Souls After a Physical Death?

by Agneta Borstein

My healing Power Animal, Mr. Fox, hugged me as we merged together, happy to see each other again, and I was reminded about my Near Death Experience many years ago. It has changed me and allows me to enjoy life every day when I wake up. He reminded me that I lose my strength from time to time, but through my decision not to travel through the tunnel of death at that time of physical abuse, I have been given the gift of healing others. I was also reminded that we merge back into a void of the unknown, and that it is necessary for our own personal myth. As metamorphic challenges and events happen in our lives, our honest desire for growth, maturity and thus transformation occur within and without our core existence. It is what keeps us alive, or we die when challenges are not welcomed as Unconditional Love for this earth life, if ever so short...

Before I started the Journey with the intention set forth, which was "What happens to Souls after a physical death?" I had understood the classical interpretation that the Souls take on another form and I had had numerous encounters of visiting the "other side." This journey was to explain what actually happens to a Soul as we know it. During countless years of working in the metaphysical field and an eagerness to study scriptures, I had come to the fundamental understanding of departed Souls.

Thus, I asked my Fox friend to move my personal experiences and understanding out of the way and to show me further Universal images, so that I might understand the whole process of a departed soul's evolution rather than only my own personal death experience and the understanding of tunnels that pull dying individuals into a void with an intense light shining at the end of some kind of strange but enticing tunnel. Experienced by many!

Mr. Fox moved me up and way above the stars going extremely fast. Images flashed in front of me in super speed and pictures of galaxies, shining star clusters, and magnificent colors of moons were brilliantly clear. The bodies of light were shooting at me as I traveled past and around them. At

times, their lights blinded me. Dark blue skies were constantly in the distance as more galaxies were in the background. The sensation in my altered state of consciousness made me aware that I had become One with the rapid movement of the energy field of this awesome Universe. I traveled and simply enjoyed red, orange, blue and yellow galaxies, stars and planets still moving rapidly – having fun with them!



As I enjoyed this journey, my Fox friend showed up beside me, reminding me that I was there for a specific purpose. Somewhat coming back to "reality," I stated my intention, and called out to the Universe. I shouted, "This is wonderful, but I am here to ask a specific question – What happens to Souls after a physical death?"

A totally unexpected image of a familiar young man's face covered the entire sky. A dark blue sky was present behind his face. He was smiling friendly, with wisdom, with a hint of flirtatiousness in his eyes. He told me to look at him attentively and be sure to look at him very closely because he was going to show me what happens to Souls that have departed our earth plane. He stated very clearly that he was pleased to help me out with the question declared by me.

He smiled again and said: "Watch!"

With a pop-like sound, his face lit up

the entire sky and his features became more radiant as it exploded with a strong force. His entire face became illuminated with small sparkling, silver-like particles. They were moving across his face, covering the entire sky and dissolving naturally into the hemisphere in a normal kind of slow motion effect. At first it was a mass of tiny, shining, micro-sized silver-star-like energy fields that dissolved in front of me! When the "face" was totally dissolved, there was another statement made by him. His singing voice covered the sky...

He asked me: "Do you understand? This is what actually happens to us – we are still very alive in our Essence, but we can also assimilate to a substance of solid energy and can be called upon any time that someone needs our assistance – or in any way that a person might need comfort. Yes, it is true that our Soul never dies, and comes back to Earth Life, time after time; eventually dissolving to a constant state of illumination. This is how guides, clairvoyants, our ancestors, animals, any type of creation, trees, flowers as well as buildings, or anything that has been created exists in eternity. Creation has super subconscious memory embedded in what is our mass consciousness, as well as individuals' consciousness. As a matter of fact, any small or larger event or conception that throughout millions of years ever has taken place is within what you just observed. The image in the Sky that I showed you a moment ago is what some refer to as 'All is One'... There is simply only one Soul Essence, as in the past, present and future, and is present at all times within levels of consciousness, accessible to those that care to inquire, become aware of if they so decide – or ignore.

"Me being here is not different from where you are on Earth – you are here with our – or mine at this moment – state of shining consciousness. You are presently experiencing a state of your own personal consciousness. As I showed you evolution of your personal consciousness is within you – at this moment *here* as well. Right now you are living on Earth, but you are also here, your awareness from the past, present,

and future are everywhere. You could even carry them in your back pocket!"

During this time of the out of ordinary reality journey, his voice was clear, compassionate, as well as instructive with a distinct smiling voice. His last statement was:

"So, what do you think about that? Isn't it cool?"

A drum beat brought me back – I traveled back to this ordinary reality rather fast – traveling away from the still dark blue background, and I noticed that I had been floating in a still blue, lighter, brighter blue shimmering color, almost white space for some time...

The face of the young man in my above journey was that of my deceased husband Sid who passed away by natural causes, only twenty eight years old many years ago. I have had no urgent reason to communicate with him in the spirit world, perhaps because I am reminded about him every day through our daughter, Lakshmi, who was seven years old when he passed away... No, he is not my Spirit Guide, he only came to be of assistance to my question!

The information given to me during this journey probably isn't revolutionary! But, it gave me my individual and personal experience through a most practical, enjoyable, educational and honest journey. It is a testament to my respect to deceased people that they are very alive! Thus, I live my life - loving every moment on Earth, knowing that I am a part of it all...

By the way, a fine tradition after any type of interaction with the spirit world is to articulate "Thank You." So, I did after the journey and ended with – "Yes, that is cool!"

Agneta Borstein is a professional astrologer and a shamanic practitioner who is an active teacher, workshop leader and author who incorporates over thirty years of her eclectic AstroShamanic view. She was born in Sweden where she received her BA in Business and a degree as a Draftswoman. Agneta operated and was a consultant for 21 years of a metaphysical bookstore, graduated with "Advanced Initiations in Shamanism & Shamanic Healing" from The Foundation for Shamanic Healing, and is also trained in Soul Retrieval. Agneta is the author of *The Moon's Nodes – a Churning Process of the Soul*. She is a past president of the Astrological Society of Connecticut and a current officer. Agneta maintains a private office in West Hartford and Avon, CT. She can be reach at Sun1640@comcast.net, (860) 983-5666 or visit her at www.CrescentiaPublications.com



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